

## **P.E at Menston Primary School**

At Menston Primary School we deliver a balanced physical education curriculum. We encourage all the children to: develop an active, healthy lifestyle by greater participation in school sports and competitions; engage in healthy eating and extend their learning in other areas such as maths.

Qualified sports coaches and class teachers deliver P.E in School. Sport is not only taught during lesson time but at lunchtime and as an after-school activity.

We encourage competitive sport at Menston Primary School. We take part in the Ilkley Grammar School Primary Schools League, which involves training and competitions in a variety of sports. We also enter both boys' and girls' teams in a football league. Ilkley Harriers provide the Wharfedale Schools Cross Country League where we have had considerable success.

Not all the sport at Menston is competitive; we also encourage creative sports such as gymnastics and dance.

### **What the children think about Sport at Menston Primary School**

- "I like the sport in school because sometimes we do it inside and we sometimes do it outside as well."
- "P.E is enjoyable because it includes various sports each week so there's a selection."
- "I really enjoyed being able to go out of school and learn more about swimming technique. I liked the personal survival because it challenged you."
- "I enjoyed the football league because at the end of each match we had to shake hands even if we lost. I also liked it when we cheered for the other team and they cheered for us."
- "I like the Ilkley Grammar School Sport for primary schools because everyone has a chance to join in."

S. Blaby (PE Lead)