



Menston Primary School PE Curriculum Statement

Quality of Education in Physical Education

Physical Education will provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities will be offered to all children in order to build character and help to embed values such as fairness and respect. Through Physical Education we aim to develop the children's knowledge, skills and understanding, so that they can perform with increasing confidence and competence in a range of physical activities. We aim to improve health and well-being, promote active participation and lifelong learning, and for each child to fulfil their potential. We aim to ensure that the children's experience of Physical Education is positive and motivating and that children's attitudes to a healthy lifestyle are firmly embedded in our curriculum.

Our PE curriculum is carefully planned and mapped out to ensure a broad and full range of skills and activities are learned with a clear progression of skills. Children in Year 5 attend swimming lessons at the pool in Ilkley, where they are taught to swim competently, confidently and proficiently over a distance of 25m using a range of strokes. In addition to PE lessons, children regularly run on our running tracks and skip using class skipping sets linked to the Skip into Summer initiative. We also strive to provide opportunities for children to access extracurricular physical activity through a range of sporting and active clubs.

Our curriculum aims to ensure that all pupils:

- develop their fundamental movement skills
- improve their agility, balance and coordination
- lead PE and participate in PE games with increasing confidence, developing their own speaking and listening skills
- acquire useful PE vocabulary and knowledge that will assist in future PE activities at KS3 and beyond
- develop an enthusiasm for fitness and understand the importance of good diet and exercise

All children receive a broad and balanced PE curriculum regardless of year group or ability. Every child will access all of the key areas of the subject on offer at our school. Teachers plan PE with clear progression of skills and knowledge that we have devised as part of our curriculum offer to ensure that all children access PE at an age-appropriate level. As well as our regular PE lessons, we hold daily opportunities for physical activity such as The Daily Mile and playground games at lunchtimes. The children have the opportunity to take part in competitions against other local schools.

In the EYFS, children begin to improve their fundamental movement skills and teachers begin to consider the development of agility, balance and coordination for each child.

Pupils in KS1 are given ample opportunities to develop their fundamental movement skills and extend their agility, balance and coordination. They engage in competitive and cooperative physical activities through games, dance and gymnastics.

Pupils in KS2 continue to apply and develop a broader range of skills such as running, jumping, throwing and catching. These skills are incorporated into competitive games, performances using movement patterns and evaluations of their own and others' work. Pupils communicate and collaborate with each other and develop an understanding of how to improve in physical activities. There are many opportunities across the year for children to take part in inter-school competitions

through the Ilkley Grammar Sports Leagues and Ilkley Harriers Cross Country events, where their successes in sports are celebrated.

Sports Premium Grant

We use the Sports Premium Grant to meet these five key indicators:

Key indicator 1: The engagement of all pupils in regular physical activity – Chief Medical Officers guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school

Key indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport

Key indicator 4: Broader experience of a range of sports and activities offered to all pupils

Key indicator 5: Increased participation in competitive sport

Please see the [PE and Sports Premium Grant page](#) on our school website for more information.