



Menston Primary School Newsletter

Friday 6 October 2023

My Happy Mind

We are extremely pleased to tell you that, thanks to some generous donations from FoMPS and from members of our local community, we have been able to procure a whole school mental health and wellbeing programme called My Happy Mind which we will be launching after half term. My Happy Mind is NHS backed and the programme has already benefitted over 200,000 children and their families in the UK and overseas. The science-backed programme for schools is grounded in the latest science and research about what it takes to create positive wellbeing. As parents will appreciate, the very best outcomes for children happen when schools and families work together, so we would strongly encourage families to explore the [My Happy Mind website](#) to gain an overview of the programme. When we launch the programme, we will be letting you know how to download the My Happy Mind parent app so that you can reinforce everything children are learning at school whilst they are at home. We will send more information about My Happy Mind on a separate letter before the half-term holiday.



There are some My Happy Mind podcasts, which give practical ideas and advice around some of the common issues that we can face from time to time as parents. Podcasts are available on the My Happy Mind website [here](#).

Childhood Illness

We encourage families to send children into school if they have a mild cold or other mild symptoms of illness. Children will always be monitored by staff and parents will be contacted if we feel that a child is too ill to stay at school. If you are not sure about whether your child is too ill to attend school, please refer to the NHS website [Is My Child Too Ill for School?](#) where you will find advice on a range of common childhood illnesses. We should take this opportunity to remind parents that children with [diarrhoea or vomiting](#) should stay away from school until they have not been sick or had diarrhoea for at least 2 days (48 hours).

This Week's Hot Chocolate Heroes:

R Acorn: Cleo C
R Oak: Rowan H
Y 1 Elm: William W
Y 1 Willow: Zac P
Y 2 Lime: Hugo S
Y 2 Maple: Charlotte H
Y 3 Cherry: Jack B
Y 3 Holly: Isla D
Y 4 Alder: Sonny K
Y 4 Ash: Bethany J-N
Y 5 Hazel: Isla S
Y 5 Rowan: Phoebe P
Y 6 Birch: Krissy D
Y 6 Sycamore: Olivia H

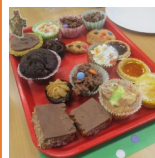


These children were chosen for their fantastic attitudes to learning and will be enjoying a hot chocolate in the staff room on Monday with school Leaders.



KS1 Macmillan Juice & Cake Morning

Altogether we raised the magnificent total of £700 from last Friday's event for Macmillan Cancer.



Thank you once again to all who baked and bought buns, cakes and biscuits.

The children loved sampling all the delicious treats with their grown-ups. A big thank you as well to FOMPS for helping out.



Ilkley Literature Festival Friday 6 to Sunday 22 October

Ilkley Literature Festival celebrates its 50th anniversary this year.

Click [here](#) to view children and family events taking place.

Attendance

This week's whole school attendance was 98.26 %

The class with the highest attendance this week is Willow with 100% attendance!

All children have an attendance target of at least 97% and attendance that falls below 95% will be investigated.



Menston Library Books Return Appeal

If you have any library books taken out by children during term-time which are now overdue please can they be returned to the library as soon as possible.

Many thanks.

School Lunches—w/c 09/10/2023 Week 3

For details of the updated dates for the menu please [click here](#) for our school meals web page.

School meals are free for all children in Foundation, Year 1 and Year 2. For Years 3 to 6, the cost of school meals is £2.10 per day/ £10.50 per week. Please ensure your ParentPay account is in credit prior to meals being taken by children. If you have any questions relating to payment for school meals please contact Facilities Management on 07973 841632. **NB: From Monday 30th October 2023 the cost of school meals will increase to £2.20 per day/£11 per week.**



Monday: Chilli and Rice or Halal Keema Pilau; Cheese Pasta Bake; Panini or Ham, Cheese ,or Tuna Wraps

Tuesday: Sausage in a Bun; Cheese and Onion Flan; Jacket Potatoes or Ham, Cheese ,or Tuna Sandwiches

Wednesday: Beef Cottage Pie; Soya Mince Cottage Pie; Panini or Ham, Cheese ,or Tuna Wraps

Thursday: Cheese and Tomato Pizza; Jacket Potato or Ham, Cheese ,or Tuna Sandwiches

Friday: Fish Fingers; Southern Fried Quorn Burger; Panini or Ham, Cheese ,or Tuna Wraps

Bradford District—News and Events

Please click [here](#) and scroll down to see some of the key events happening in Bradford over the coming weeks including “BD is Lit” on the 3rd and 4th November.



Flu Vaccinations

The Immunisation team will be visiting school again on Thursday 12 October. If you wish your child to receive the flu vaccine but missed the deadline for vaccination last month, please use the link below to book as soon as possible.



Please use the following link and enter the school code BF107299 to book.

NB. This link will close by Monday 9th October 23.

[Immunisation Consent \(bradfordschoolimmunisations.co.uk\)](https://bradfordschoolimmunisations.co.uk)

PLEASE Packed Lunches



**NO PEANUTS
OR
NUT PRODUCTS**

If your child brings a packed lunch, please can we remind parents that snacks should be healthy and most importantly must not contain nuts or nut products.



Dates to Remember this Half Term

Saturday 7 October: [Cross Country](#) at Ilkley Rugby Club

Friday 13 October: FOMPS AGM & Bingo Night at 7pm

Saturday 14 October: [Cross Country](#) at Addingham Primary School (KS2 only)

Sunday 15 October: Sibling Photographs at Menston Primary

Tuesday 17 October: Year 1 trip to Ilkley Toy Museum

Thursday 19 October: KS1 Harvest assembly at 2:30pm

Friday 20 October: Year 6 trip to Bradford Industrial Museum

Saturday 21 October to Sunday 29 October: Half term break

Please see Year Group Newsletters for Key Stage specific diary dates.

FOMPS

Bingo Night

Eyes down on Friday 13th October at 7pm for the FoMPS bingo night. This is our first fundraiser of the year so join us in school, via the St. Peter's Way entrance for a fun evening of bingo with refreshments to raise funds to support our children. Our AGM will be held prior to commencement of play to share news of the last year in review, along with upcoming events and plans for the year ahead. To reserve your bingo seat or for more information regarding the AGM visit our website www.fomps.org. See enclosed flyer

We are still looking for raffle prizes for the Christmas fair. If you, or anyone you know, has a business who would like to donate a prize please get in touch: admin@fomps.org.uk

Don't forget the affordable uniform scheme that we run, with items available for suggested donations of £1-£2 each. To check for item and size availability or to donate uniform please e-mail fompsuniform@gmail.com



MENSTON PRIMARY SCHOOL

Making Our World A Better Place