



# Menston Primary School Newsletter

Friday 13 October 2023

These items are repeated from last week's newsletter, as there were issues with distribution last week:

## My Happy Mind

We are extremely pleased to tell you that, thanks to some generous donations from FoMPS and from members of our local community, we have been able to procure a whole school mental health and wellbeing programme called My Happy Mind which we will be launching after half term. My Happy Mind is NHS backed and the programme has already benefitted over 200,000 children and their families in the UK and overseas. The science-backed programme for schools is grounded in the latest science and research about what it takes to create positive wellbeing. As parents will appreciate, the very best outcomes for children happen when schools and families work together, so we would strongly encourage families to explore the [My Happy Mind website](#) to gain an overview of the programme. When we launch the programme, we will be letting you know how to download the My Happy Mind parent app so that you can reinforce everything children are learning at school whilst they are at home. We will send more information about My Happy Mind on a separate letter before the half-term holiday.

There are some My Happy Mind podcasts, which give practical ideas and advice around some of the common issues that we can face from time to time as parents. Podcasts are available on the My Happy Mind website [here](#).

## Childhood Illness

We encourage families to send children into school if they have a mild cold or other mild symptoms of illness. Children will always be monitored by staff and parents will be contacted if we feel that a child is too ill to stay at school. If you are not sure about whether your child is too ill to attend school, please refer to the NHS website [Is My Child Too Ill for School?](#) where you will find advice on a range of common childhood illnesses. We should take this opportunity to remind parents that children with [diarrhoea or vomiting](#) should stay away from school until they have not been sick or had diarrhoea for at least 2 days (48 hours).

## This Week's Hot Chocolate Heroes:

R Acorn: Nora S

R Oak: Oscar S

Y 1 Elm: Myla B

Y 1 Willow: Alfie R

Y 2 Lime: Harry H

Y 2 Maple:

Y 3 Cherry: Max H

Y 3 Holly: Rufus M

Y 4 Alder: Sonny K and Hugo R

Y 4 Ash: Hattie C

Y 5 Hazel: Isla B

Y 5 Rowan: Samuel W

Y 6 Birch: Robbie S

Y 6 Sycamore: Jessica L



These children have been chosen for their fantastic attitudes to learning and will be enjoying a hot chocolate in the staff room on Monday with school Leaders.

## FoMPS AGM and Bingo Night — POSTPONED

Unfortunately, the bingo night, that was due to take place this evening, has been postponed owing to low booking numbers.

This means the AGM will not take place either and means the existing FoMPS committee can't be voted in for this academic year. Without a legitimate committee we will not be able to run events for you and your children or fund school projects, Easter egg hunts, year 6 leavers books etc.

If you value the work that FoMPS do, please look out for the new AGM date and come along to vote in our team of willing volunteers.

**Friends Of Menston Primary School (FoMPS)** is our school's PTA and has been an integral part of the school and village community for many years. The association has raised many thousands of pounds for our school over the years and funds raised are always spent on making our school a better place for ALL children.

FoMPS is made up entirely of staff and parent volunteers, so if you think you can spare even a little amount of time to support events, please visit the [Get Involved section](#) of the FoMPS website to express your interest in helping our school in this way.

## Attendance

This week's whole school attendance was 97.88 %

The class with the highest attendance this week is Birch with 99.7% attendance!

All children have an attendance target of at least 97% and attendance that falls below 95% will be followed up.

## School Lunches—w/c 16/10/2023 Week 3

For details of the updated dates for the menu please [click here](#) for our school meals web page.

School meals are free for all children in Foundation, Year 1 and Year 2. For Years 3 to 6, the cost of school meals is £2.10 per day/ £10.50 per week. Please ensure your ParentPay account is in credit prior to meals being taken by children. If you have any questions relating to payment for school

meals please contact Facilities Management on 07973 841632. **NB: From Monday 30th October 2023 the cost of school meals will increase to £2.20 per day/£11 per week.**



Monday: **Ravioli Hotpot**, **Vegetarian Chilli and Nachos**; **Panini or Ham, Cheese ,or Tuna Wraps**

Tuesday: **Chicken Pie, Halal Chicken Pie**; **Cheese and Onion Flan**; **Jacket Potatoes or Ham, Cheese ,or Tuna Sandwiches**

Wednesday: **Braised Sausage, Halal Cottage Pie**; **Braised Quorn Sausages**; **Panini or Ham, Cheese ,or Tuna Wraps**

Thursday: **Cheese and Tomato Pizza**; **Arrabiata Pasta**; **Jacket Potato or Ham, Cheese ,or Tuna Sandwiches**

Friday: **Fish Fingers**; **Vegetable Dippers**; **Panini or Ham, Cheese ,or Tuna Wraps**

### My British Hero Competition

For the second consecutive year, our local MP, Philip Davies, is inviting all children in the district to enter a competition called My British Hero. The competition is designed to promote integration and celebrate diversity.



Children are invited to write about or create a piece of art about a figure in British history that they admire and say why they admire them. Any child who would like to enter this competition should create their entry on A4 paper/ card and can bring their entry (labelled with their name and age) into school on Monday 30 October for us to submit before the deadline of 3 November. Entries will be judged by a panel and winners will be visited in their schools for prizes to be awarded. Out of over 400 entries last year, one of our pupils, Anya in Year 6, won a visit to the Houses of Parliament with afternoon tea!

### New Lunch Menu From 30th October

Please see Autumn-Spring Lunches file attached for the new lunch menu which will be starting after the half term break.



### Cross Country Star Performers



Congratulations to the many winners and fantastic children taking part in the recent weekend Wharfedale & District Cross Country events .

### Bradford District—News and Events

Please click [here](#) and scroll down to see some of the key events happening in Bradford over the coming weeks including “BD is Lit” on the 3rd and 4th November.



### Dates to Remember this Half Term

**Tuesday 17 October:** Year 1 trip to Ilkley Toy Museum

**Thursday 19 October:** KS1 Harvest assembly at 2:30pm

**Friday 20 October:** Year 6 trip to Bradford Industrial Museum

**Saturday 21 October to Sunday 29 October:** Half term break

Please see Year Group Newsletters for Key Stage specific diary dates.

Please note—Parent Consultation evenings will be held next half term on Monday 13th and Thursday 16th November from 3:30 pm to 6:30 pm. Booking details will be sent out after half term.

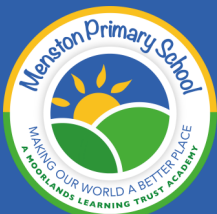
### School Vacancies

Please click on the link below to view our current vacancies. <https://menstonprimary.co.uk/about-us/vacancies/>



There are lots of half-term activities on offer across the Bradford district. Please visit the [Visit Bradford Half-Term Fun](#) page to find out more.

Measles cases are rising across the country and children in school are at risk of catching the disease if they have not been vaccinated. The [Back to school MMR Guidance](#) from the NHS includes information to share, as well as example social media posts which can be found here: [NHS Vaccinate Poster](#) and [NHS MMR Poster](#).



# MENSTON PRIMARY SCHOOL

Making Our World A Better Place